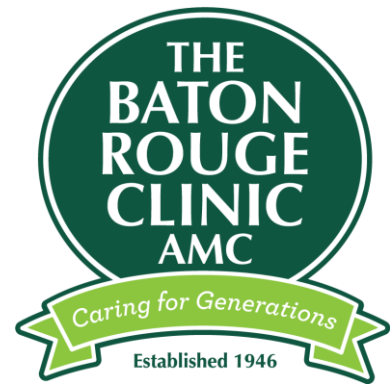


# Overactive Bladder Care Pathway



Dr. Schmeackle

## Conservative Therapies

**Evaluation**  
Incontinence, Urgency,  
Frequency

**Bladder Training**

**Pelvic Floor Muscle  
Training**

**Fluid/Diet  
Management**

**Bladder Control  
Strategies**

**OAB Medication  
(4 Weeks)**  
**Second OAB Medication  
(4 Weeks)**

You should see noticeable symptom improvement (50% or greater)

## Advanced Therapies

**RE-EVALUATION/UDS**

**Botox  
Bladder Injection  
(6-9 months)**

**Nerve Test/Sacral  
Neuromodulation  
Evaluation  
(7-10 days)**

**PTNS  
(12 Weeks)**

**Repeat  
Treatments  
(6-9 Months)**

**Sacral  
Neuromodulation  
Therapy  
(3-5 Years)**

**PTNS  
(3 Weeks)**